



PACKING LIST (Revised 5-6-14)

You will need to bring the following items:

- Insect repellent
- Sunscreen
- Water bottle
- Hat/cap
- Comfortable walking shoes for outdoor wear (preferably tennis shoes).
- Loose, comfortable summer clothing (for active outdoor and indoor activities)
- Sweater/jacket (in case of chilly meeting rooms or varying weather conditions)
- Wristwatch (so you can be on time)
- Disposable camera or personal digital camera
- Backpack with a change of clothing (just in case)
- *If you are on prescribed medications and need to take them during camp hours, bring them with the **MEDICATION FORM** signed by a parent/guardian. **If not applicable, disregard the form below.***

 *Bring any special talents to share (guitar, etc.)*

 *Bring an open mind, a smile, and a positive attitude.*

KEEP the PACKING LIST. Cut along line, and turn in the form below ONLY if it applies to you.

MEDICATION FORM

Fill out one form per medication.

Participant's name _____

Name of medication _____ Prescription? YES / NO _____

Reason for medication _____

Time(s) to be given _____ Dates to be given _____

Comments: _____

Parent/Guardian signature _____ Date _____